



# Better language better care

## Language support to the National Guidelines for Dementia Care

ORRIT Olga, NORDBERG Gunilla, HOFFMAN Wilhelmina

**1** What does person-centred care mean?

**2** What does it mean?  
What does person-centred care mean? Mark the answer.  
 You care only about one person.  
 You take care about a person with dementia according to his/her needs.  
 You take care about one person with dementia at a time.

**3** What does meaningful mean? How can we work in order to make days for people with dementia meaningful?

**4** We should change our guidelines in order to improve care for people with dementia.

**5** I really don't like cooking. I see, it's not your cup of tea.

### FIGURE EXPLANATION

- 1** The employee realizes that some words and expressions are hard to understand in Dementia ABC.
- 2** Language support covers vocabulary and expressions used in Dementia ABC. Exercises give better understanding of the language.
- 3** The exercise "Discuss" can encourage discussions between the employee and his colleagues about language and dementia care.
- 4** It is easier to understand words after hearing them in Dementia ABC and working with them in Language support.
- 5** Language support provides some idioms that can be useful both in formal and informal conversations.

### BACKGROUND

Language support to Dementia ABC is a complement to the national webcourse called Dementia ABC. The course is produced by Swedish Dementia Center and covers the most important parts of the National Guidelines for Dementia Care. More than 90 000 people have completed the course. The diploma that is available after having passed the test is used during job interviews, salary negotiation, competence updating etc. Many people who work in elderly care have other mother tongue than Swedish. Some of them need to improve their knowledge of Swedish.

### AIM

The aim of language support is to provide exercises that allow to practice the most common words and expressions from Dementia ABC. Exercises help to broaden one's vocabulary and get deeper understanding of typical phrases, expressions and idioms. Language support encourages discussions about both dementia care and language at the workplace.

### APPLIANCE

Language support to Dementia ABC together with the course Dementia ABC can be used at workplaces as well as during educational programs. Using the material at work can stimulate spontaneous language discussions. In educational programs it is possible to use the material wider and add additional exercises and topics for discussions.



### CONTACT INFORMATION

Olga Orrit  
olga.orr@demenscentrum.se  
www.demenscentrum.se